

# What's Holding You Back?

Part 2

**HOW FEAR CAN STRENGTHEN YOUR FAITH**

Joshua 1:9

June 13, 2010

*I command you-- be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.*

Joshua 1:9 (NLT)

*“Jesus made the disciples get into the boat and go on ahead of Him to the other side, while He dismissed the crowd. After He had dismissed them, He went up on a mountainside by Himself to pray. When evening came, He was there alone, but the boat was already a considerable distance from land, buffeted by the waves because the wind was against it. During the fourth watch of the night Jesus went out to them, walking on the lake. When the disciples saw Him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear. But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.” “ Lord, if it’s You,” Peter replied, “tell me to come to You on the water.” “Come,” He said. Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!” Immediately Jesus reached out His hand and caught him. “You of little faith,” He said, “why did you doubt?” And when they climbed into the boat, the wind died down. Then those who were in the boat worshipped Him, saying, “Truly You are the Son of God.”*

Matthew 14:22-33 (NIV)

## GROWING SPIRITUALLY THROUGH YOUR FEAR

1. Admit the \_\_\_\_\_.

*“They were terrified. ‘ It’s a ghost,’ they said, and cried out in fear.”*

Matthew 14:26

2. Take the \_\_\_\_\_.

*“‘Come,’ He said. Then Peter got down out of the boat, walked on the water and came toward Jesus.”*

Matthew 14:29

• The lack of \_\_\_\_\_ adds \_\_\_\_\_ to the \_\_\_\_\_.

3. Expect the fear to \_\_\_\_\_.

*“But when he saw the wind, he was afraid and, beginning to sink, cried out, ‘Lord, save me!’”*

Matthew 14:30

4. Embrace the \_\_\_\_\_ of \_\_\_\_\_.

*“Instantly Jesus reached out His hand and grabbed him.”*

Matthew 14:31

• When you fail, \_\_\_\_\_.

*“Lord, if it’s You...tell me to come to You on the water.”*

Matthew 14:28

*“I can do everything through Him who gives me strength.”*

Philippians 4:13

*“Because of Christ and our faith in Him, we can now come fearlessly into God’s presence, assured of His glad welcome.”*

Ephesians 3:12 (NLT)

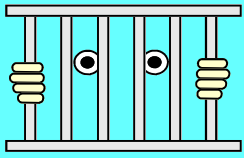
5. We give the \_\_\_\_\_ to \_\_\_\_\_.

*“And when they climbed into the boat, the wind died down. Then those who were in the boat worshipped Him, saying, ‘Truly you are the Son of God.’”*

Matthew 14:32-33

*“The LORD is my shepherd; I have everything I need. He lets me rest in green meadows; He leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to His name. Even when I walk through the dark valley of death, I will not be afraid, for You are close beside me. Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You welcome me as a guest, anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever.”*

Psalms 23:1-6 (NLT)



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Matthew 14:22-33 (NIV)

## GROWING SPIRITUALLY THROUGH YOUR FEAR

1. Admit the FEAR.

*“They were terrified. ‘ It’s a ghost,’ they said, and cried out in fear.”*

Matthew 14:26

2. Take the RISK.

*“‘Come,’ He said. Then Peter got down out of the boat, walked on the water and came toward Jesus.”*

Matthew 14:29

• The lack of ACTION adds FUEL to the FEAR.

3. Expect the fear to RETURN.

*“But when he saw the wind, he was afraid and, beginning to sink, cried out, ‘Lord, save me!’”*

Matthew 14:30

4. Embrace the PRESENCE of GOD.

*“Instantly Jesus reached out His hand and grabbed him.”*

Matthew 14:31

• When you fail, GOD DOESN'T.

*“Lord, if it’s You...tell me to come to You on the water.”*

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*“I can do everything through Him who gives me strength.”*

Philippians 4:13

*“Because of Christ and our faith in Him, we can now come fearlessly into God’s presence, assured of His glad welcome.”*

Ephesians 3:12 (NLT)

5. We give the PRAISE to GOD.

*“And when they climbed into the boat, the wind died down. Then those who were in the boat worshipped Him, saying, ‘Truly you are the Son of God.’”*

Matthew 14:32-33

*“The LORD is my shepherd; I have everything I need. He lets me rest in green meadows; He leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to His name. Even when I walk through the dark valley of death, I will not be afraid, for You are close beside me. Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You welcome me as a guest, anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever.”*

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